



WSU OPEN

FEBRUARY 2 – 4, 2023

TENTATIVE TIME SCHEDULE

Thursday February 2, 2023

MEN'S HEPTATHON – DAY ONE

Start	Event	
12:00 PM	Men's Heptathlon 60 Meters	2 Heats (16 Entries Max)
~12:45 PM	Men's Heptathlon Long Jump (1 pit)	
~2:00 PM	Men's Heptathlon Shot Put (1 ring)	
~3:30 PM	Men's Heptathlon High Jump (1 pit)	

WOMEN'S PENTATHLON – DAY ONE

Start	Event	
12:30 PM	Women's Pentathlon 60-Meter Hurdles	3 Heats (24 Entries Max)
~1:30 PM	Women's Pentathlon High Jump (2 pits)	
~3:15 PM	Women's Pentathlon Shot Put (2 rings)	
~4:30 PM	Women's Pentathlon Long Jump (2 pits)	
~6:00 PM	Women's Pentathlon 800 Meters	

Friday February 3, 2023

MEN'S HEPTATHON – DAY TWO

Start	Event	
11:00 AM	Men's Heptathlon 60-Meter Hurdles	2 Heats (16 Entries Max)
~11:45 AM	Men's Heptathlon Pole Vault (1 pit)	
~2:50 PM	Men's Heptathlon 1000 Meters	

FIELD EVENTS

Start	Event
2:00 PM	Women's High Jump (2 pits)
2:00 PM	Women's Weight Throw
3:00 PM	Women's Long Jump
5:00 PM	Men's High Jump (2 pits)
4:00 PM	Men's Long Jump
5:00 PM	Men's Weight Throw

RUNNING EVENTS

3:00 PM	Women's 800 Meters
3:30 PM	Men's 800 Meters
4:00 PM	Women's 200 Meters
5:00 PM	Men's 200 Meters
6:00 PM	Women's 5000 Meters
6:30 PM	Men's 5000 Meters
6:50 PM	Women's DMR
7:05 PM	Men's DMR

*Schedule subject to adjustments based on field size

Saturday February 4, 2023

FIELD EVENTS

Start	Event
11:00 AM	Women's Pole Vault (Open)
11:00 AM	Men's Pole Vault (Open)
11:00 AM	Women's Shot Put
12:00 PM	Women's Triple Jump
2:00 PM	Men's Triple Jump
2:00 PM	Women's Pole Vault (Invite)
2:00 PM	Men's Pole Vault (Invite)
2:00 PM	Men's Shot Put

RUNNING EVENTS

11:00 AM	Women's 60m Hurdles, Qualifying
11:20 AM	Men's 60m Hurdles, Qualifying
11:40 AM	Women's 60 Meters, Qualifying
12:00 PM	Men's 60 Meters, Qualifying
12:20 PM	Women's 60m Hurdles, Prelim
12:35 PM	Men's 60m Hurdles, Prelim
12:50 PM	Women's 60 Meters Prelim
1:00 PM	Men's 60 Meters Prelim
1:15 PM	Women's 60m Hurdles, FINAL
1:25 PM	Men's 60m Hurdles, FINAL
1:35 PM	Women's 60 Meters, FINAL
1:45 PM	Men's 60 Meters FINAL
2:00 PM	Women's Mile
2:25 PM	Men's Mile
2:50 PM	Women's 400 Meters
3:20 PM	Men's 400 Meters
3:40 PM	Women's 3000 Meters
4:05 PM	Men's 3000 Meters
4:25 PM	Women's 4x400-Meter Relay
4:40 PM	Men's 4x400 Meter Relay

*Schedule subject to adjustments based on field size

**Per NCAA rule, heats will be run slow to fast, except for the 200 and 400 will be fast to slow